

P.E Outdoor Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Gross motor -Continuous Provision	Gross motor - Continuous Provision	Gross motor skills -Continuous Provision	Gross motor skills -Continuous Provision	Gross motor skills - Continuous Provision	Gross motor skills - Continuous Provision
Reception	Gross motor - Continuous Provision	Gross motor - Continuous Provision	Gross motor skills -Continuous Provision	Gross motor skills -Continuous Provision	Gross motor skills - Continuous Provision	Gross motor skills - Continuous Provision
Year 1	Fundamentals	Ball Skills	Sending and Receiving	Striking and Fielding	Invasion games	Athletics
Year 2	Fundamentals	Ball skills	Invasion Games	NET/ WALL	Athletics	STRIKING AND FIELDING GAMES
Year 3	Fundamentals	Ball skills	O & AA	NET/WALL	ATHLETICS	STRIKING AND FIELDING GAMES Cricket
Year 4	Fitness	INVASION GAMES Handball	INVASION GAMES Tag Rugby	NET/ WALL	ATHLETICS	STRIKING AND FIELDING GAMES Rounders
Year 5	Fitness	INVASION GAMES Hockey	O & AA	Netball	ATHLETICS	STRIKING AND FIELDING GAMES Cricket
Year 6	Fitness	INVASION GAMES Football	O & AA	Hockey	ATHLETICS	STRIKING AND FIELDING GAMES Rounders